

1. Big Butts and Coconuts
2. Femme Fatales
3. Squats Low and Standards High
4. Built Not Bought
5. Nuts Anonymous
6. Twin It To Win It
7. Flex Appeal
8. Young and Not So Young
9. Is There A Master's Division
10. Will WOD 4 Donuts
11. Pistol Squats and Tequila Shots
11. CrossStitches
13. Swole and Sweaty
13. Victorious Secret
15. Quiet Storm 2.0
16. Team Twerk and Jerk
17. Team Hangry
18. Mother Thrusters
19. Old School
20. BBG
21. Wonder If We Can Do Rx Twins
22. The Ceiling Is this Roof
23. Run Like The Winded
24. Flexual Healing
25. Vicious and Delicious
26. HM Squared
27. Dilly! Dilly!
28. Swoles Mates
28. Hustle and Muscle